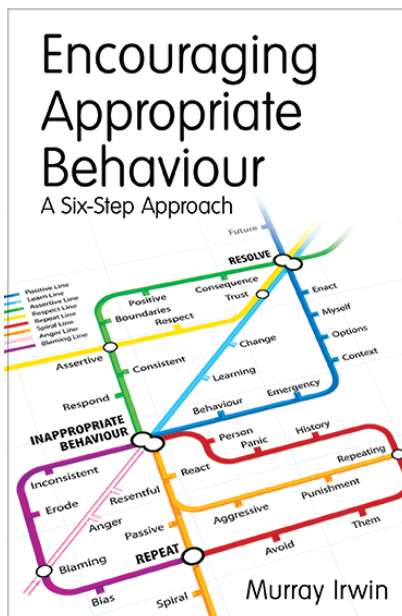


Encouraging Appropriate Behaviour: A Six-Step Approach

If you find yourself dealing with unacceptable behaviour the *Encouraging Appropriate Behaviour* can help.



Follow the six BECOME steps of B-behaviour, E-emergency, C-context, O-options, M-myself and E-enact.

These steps:

- Pin point **what** the behaviour is.
- Explore **when** and **why** it occurs.
- Help work out **how** to encourage change.

This gives you a logical and consistent way of approaching problem behaviours.

Encouraging Appropriate Behaviour contains:

- 14 principles of how to approach situations.
- 13 tools to help understand the problem.
- 10 response styles.
- 20 effective strategies to try.

Case studies show you how to put these into practice as you follow the six steps.

There is now no excuse to use the same response time after time. If you work with people, this book will BECOME your guide to successfully encourage appropriate behaviour.

Murray Irwin is a freelance outdoor educator and adventure therapy group-leader with 13 years experience. For five years he worked with at risk youth and spent three years designing and delivering award winning sustainability behaviour change programs.

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